

# Who is Linx Outreach For?

Linx Outreach supports people who are living with a severe mental illness and who are also at risk of homelessness, as well as people who have an Acquired Brain Injury (ABI).



Ermha is a community based organisation that supports recovery and instils hope for people who are experiencing the effects of a severe mental illness. Ermha clients may also have complex needs associated with a disability, substance abuse or housing instability. We recognise that each client has their own strengths, needs, desires and aspirations, and our range of programs are designed accordingly.

For more information about Linx Outreach or other Ermha programs call 1300 ermha1, email [reception@ermha.org](mailto:reception@ermha.org) or visit [www.ermha.org](http://www.ermha.org)



Your partner in mental health recovery

A severe and enduring mental illness can be complicated by several secondary factors including dual diagnosis, self-neglect, repeated hospital admissions, a chaotic lifestyle and other problems. We assist our clients to minimise these pressures because they can interfere greatly in the recovery process.

Linx Outreach is made up of two programs, Moderate Support and ABI.

### Moderate Support

The Moderate Support program designs and delivers tailored support for people who require a high level of assistance to maintain stable housing and achieve their recovery goals.

### ABI Program

As well as having an Acquired Brain Injury (ABI), clients of this program also experience difficulties related to, for example, physical health, housing and employment. We engage other services to assist clients as they develop skills that help them manage the effects of their injury and live independently in the community.

Mental illness can often cause a person to withdraw from relationships with friends and family. The result is both real and perceived isolation that deflates a person's sense of self-worth.

Linx Outreach support workers assist clients to construct positive relationships that can promote reintegration into the community.

We use a client-centred, strengths-based approach to develop an Individual Support Plan (ISP) that focuses on needs, as identified by the client. We know recovery can and does happen when people have a sense of hope and access to the right resources. Part of our outreach work is to introduce our clients to other agencies such as housing, legal and health services, which can make a difference to client's lives.

### Catchment

Linx Outreach serves the City of Greater Dandenong, the City of Casey and the Shire of Cardinia.

### Eligibility

Linx Outreach clients are homeless or are at risk of homelessness and have a diagnosed mental illness or psychiatric disability.

Our Acquired Brain Injury (ABI) clients must

- have a professionally diagnosed ABI
- have entered, or be about to enter, direct tenure housing through priority segment applications and also
- be non-compensable
- have relatively low-level physical care needs.

### Referrals

Clients are referred to Linx Outreach by Area Mental Health Services in the above local government areas.

### Contact

For more information please call Ermha reception on 1300 ermha1 (1300 376 421) or email [reception@ermha.org](mailto:reception@ermha.org)



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