

Who is Origins for?

Origins supports people who are experiencing a mental illness and who come from a culturally and linguistically diverse background.



Ermha is a community based organisation that supports recovery and instils hope for people who are experiencing the effects of a severe mental illness. Ermha clients may also have complex needs associated with a disability, substance abuse or housing instability. We recognise that each client has their own strengths, needs, desires and aspirations, and our range of programs are designed accordingly.

For more information about Origins or any other Ermha program call 1300 ermha1, email reception@ermha.org or visit www.ermha.org



Your partner in mental health recovery

Melbourne's South East is home to large numbers of people who have arrived from all over the world. In the City of Greater Dandenong alone 178 different languages are spoken.

Language and cultural differences can complicate matters when it comes to finding and using mental health and other support services.

As well as experiencing a mental illness, Origins clients face added challenges related to employment, finance, housing and the adjustment to a new culture and language.

Origins assists clients to make the best use of community resources and also introduces them to other Ermha programs that provide different support opportunities. For example, Origins clients can join our Aspirations day program which offers, among other resources, pre-vocational and job training support.

Origins uses an outreach approach (one-to-one, community based support) and we also support clients in small groups. This two tier approach means we can tailor our support more closely to our clients' needs.

We are committed to developing and maintaining long term supportive relationships with clients and wherever possible we seek to draw family members and other carers into the recovery process.

Origins staff seek to

- Build carer and client friendly pathways to mainstream services
- Ease access to a range of community support options
- Build more support opportunities within Ermha for Origins clients

Origins has a strong community development emphasis and we actively seek to engage with new arrivals to ensure the earliest possible provision of culturally appropriate services and support.

The Origins program works with other support agencies to build a web of comprehensive support for our clients on their path to recovery. For example, we work with the South Eastern Region Migrant Resource Centre, Foundation House (a support service for survivors of trauma and torture) and Southern Health's Area Mental Health Service.

Catchment

Origins clients live in or near the City of Greater Dandenong.

Eligibility

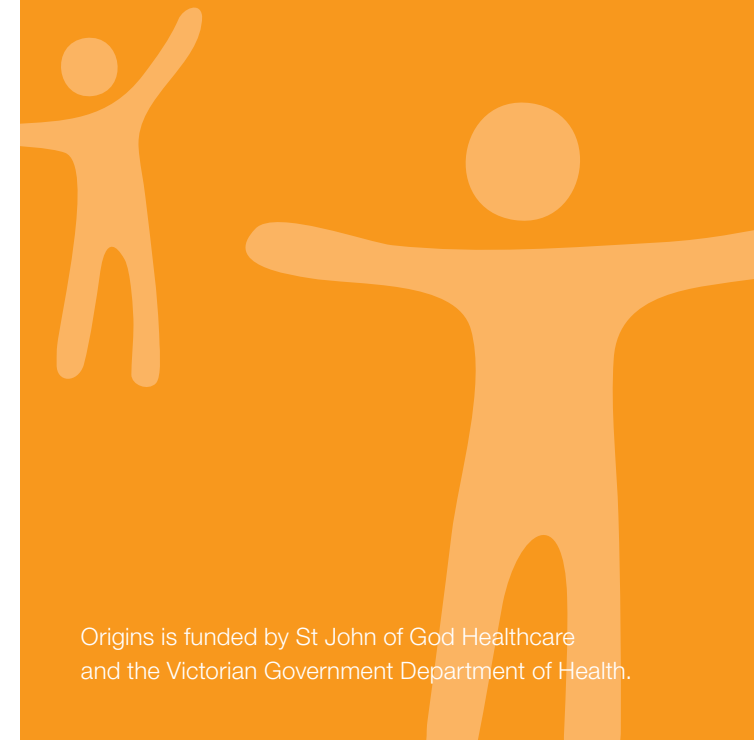
Origins clients are 16 years of age and over.

Referrals

Origins clients are referred to us by other support agencies. We also accept self referrals.

Contact

For more information please call Ermha reception on 1300 ermha1 (1300 376 421) or email reception@ermha.org



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