

Who are Recovery Packages for?

Ermha Recovery Packages provide intensive support to individuals who are experiencing a mental illness and/or disability.



Ermha is a community based organisation that supports recovery and instils hope for people who are experiencing the effects of a severe mental illness. Ermha clients may also have complex needs associated with a disability, substance abuse or housing instability. We recognise that each client has their own strengths, needs, desires and aspirations, and our range of programs are designed accordingly.

For more information about Recovery Packages or any other Ermha program call 1300 ermha1, email reception@ermha.org or visit www.ermha.org



Quality Improvement Council
'Yes ... we are a QIC accredited organisation'



Your partner in mental health recovery

Recovery Packages provide medium to long term support for people who are experiencing a mental illness and who have an Individual Support Package.

Individual Support Packages are provided to clients who have multiple or complex needs and who currently receive assistance from the Victorian Department of Human Services (DHS).

Ermha Recovery Package staff, in consultation with DHS, the client and relevant stakeholders, including carers, develop Individual Support Plans (ISP) that are tailored, flexible, holistic and client centred.



As well as experiencing a severe and enduring mental illness, Recovery Package clients are often either homeless or living in low cost accommodation or a clinical setting, and their lives may be complicated by one or more of the following

- Drug or alcohol dependence
- Intellectual disability
- Physical disability
- Chronic physical illness
- Behavioural disorder
- Acquired Brain Injury
- Repeated unplanned hospital admission
- Involvement with justice or corrections systems

These issues can seriously impair clients' ability to

- Obtain or maintain secure, suitable accommodation
- Gain access to specialist mental health services
- Participate in, and contribute to, community activities
- Maintain basic levels of self and home care
- Gain access to mainstream or specialist health and social support services

Recovery Packages provides a wraparound service that comprises individualised support, case management and crisis response. This tailored, comprehensive approach seeks to identify clients' support needs early and address them effectively.

Staff promote trusting relationships with clients in order to sustain the process of change.

Using psychosocial rehabilitation and recovery methods we build a sensitive, understanding and responsive support structure for clients, focusing on their abilities, strengths and goals.

Catchment

Melbourne's southern metropolitan region.

Eligibility

Eligibility is determined by the Victorian Government's Department of Human Services.

Referrals

Clients are referred to this program by the Victorian Government's Department of Human Services.

Contact

For more information please call Ermha reception on 1300 ermha1 (1300 376 421) or email reception@ermha.org

Ermha programs are funded by the Victorian Government Department of Human Services and/or the Victorian Government Department of Health.