

About ermha

English



Who uses Ermha?

People who use Ermha's services come from all over the world. Most of the people we support are experiencing distress and for many people who have recently come to Australia, their situation is made worse by the effects of war and trauma.

What does Ermha do?

Ermha understands that how families and communities respond to personal distress varies across cultures. We respect these differences and work with people in ways they prefer.

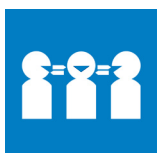
We support people as they take steps to reach their goals such as better relationships with friends or family, getting ready to study, finding a job or improving everyday life skills. Many people use Ermha's support to learn or re-learn how to talk to people and to build friendships so they feel more comfortable with others. Ermha also assists people to get help from other services such as health and housing services.

At Ermha we create relationships with people that are based on trust. This foundation makes it possible for people to build the confidence they can use to help reach their goals.

Ermha supports people by meeting with them individually and in small groups. For example, people who use Ermha get together to create art and prepare meals based on recipes from across the globe.

Quick facts

- Ermha works with people from over 25 countries
- Ermha is not a government organisation
- People who use Ermha's services do so voluntarily
- Ermha's services are free
- Ermha is very careful about people's personal information and respects their right to privacy
- Ermha uses professional interpreters to assist in communicating with people
- Ermha's services are available to people regardless of their age, gender, skills, abilities, religion, ethnicity or visa status



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www.ermha.org

