

Applied Suicide Intervention Skills Training

ASIST is an evidence-based approach to suicide intervention, and is the most widely used and recognised suicide intervention framework.

Workshop aim:

The two-day workshop provides attendees with the skills to recognise when an individual is at risk of suicide, how to clarify that risk, enhance their immediate safety and link them to further help.

Facilitators:

The ASIST workshop is facilitated by two LivingWorks registered trainers. Our trainers come from diverse backgrounds with extensive experience in training, community service, drug and alcohol and mental health service provision.

Who should attend?:

Any professional or carer who has the responsibility of working with people at risk of suicide.

Attendance on both days is essential.

Workshop objectives:

ASIST participants are better prepared to:

- Reflect on how their attitudes and beliefs about suicide affect their intervention role
- Discuss suicide with a person at risk in a direct manner
- Build a collaborative approach to intervention focused on safe outcomes
- Review immediate suicide risk and develop appropriate safe plans
- Demonstrate skills required to intervene with a person at risk of suicide
- Identify resources available to a person at risk of suicide and to
- Make a commitment to improving community resources.

Further information

Cost: \$385 per participant or \$360 (incl. GST) for 2 or more participants from the same organisation. A 10% student discount applies.

Date: **10th & 11th September 2019* (Dandenong South) (Course now full)**
28th & 29th October 2019* (Dandenong South) (Course now full)
OR

25th & 26th November 2019 (Hamlyn Heights)**
OR

28th & 29th November 2019* (Dandenong South)

Time: 9:00am to 5:00pm each day.

To register:

Please visit the Ermha website <http://www.ermha.org/store/product-category/asist/> to register online.

Location:

* **ASIST training on the 28th & 29th November 2019** are held at:

ermha Head Office; 1st Floor, Building G 45 Assembly Drive, Dandenong South VIC 3175.

** **ASIST training on the 25th & 26th November 2019** is held at:

Vines Road Community Centre
37-61 Vines Rd,
Hamlyn Heights



LivingWorks



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