Applied Suicide Intervention Skills Training

**ASIST** is an evidence-based approach to suicide intervention and is the most widely used and recognised suicide intervention framework.

**Workshop aim:**
The two-day workshop provides attendees with the skills to recognise when an individual is at risk of suicide, how to clarify that risk, enhance their immediate safety and link them to further help.

**Facilitators:**
The ASIST workshop is facilitated by two LivingWorks registered trainers. Our trainers come from diverse backgrounds with extensive experience in training, community service, drug and alcohol and mental health service provision.

**Who should attend?:**
Any professional or carer who has the responsibility of working with people at risk of suicide.

**Attendance on both days is essential.**

**Workshop objectives:**
ASIST participants are better prepared to:

- Reflect on how their attitudes and beliefs about suicide affect their intervention role
- Discuss suicide with a person at risk in a direct manner
- Build a collaborative approach to intervention focused on safe outcomes
- Review immediate suicide risk and develop appropriate safe plans
- Demonstrate skills required to intervene with a person at risk of suicide
- Identify resources available to a person at risk of suicide and to
- Make a commitment to improving community resources.

**Further information**

**Cost:** $385 (incl. GST) per participant or $360 (incl. GST) for 2 or more participants from the same organisation, or $346.50 (incl GST) for students.

**Date:**
- 13th & 14th October 2020 ** (East Geelong) OR
- 27th & 28th October 2020 * (Dandenong South) OR
- 4th & 5th November 2020 * (Dandenong South) OR
- 17th & 18th November 2020 * (Dandenong South) OR
- 24th & 25th November 2020 ** (East Geelong)

**Time:** 9:00am to 5:00pm each day.

To register:
Please visit the ermha365 website [http://www.ermha.org/store/product-category/asist/] to register online.

**Location:**
- * ASIST training on the 9th & 10th September 2020, 27th & 28th October 2020 and 17th & 18th November 2020, are held at:
  - ermha365 Head Office; 1st Floor, Building G 45 Assembly Drive, Dandenong South
- ** ASIST training on the 13th & 14th October 2020, and 24th & 25th November 2020 are held at:
  - Eastern Hub, 285A McKillop St, East Geelong

ermha Ltd.
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